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# THE Orléans Star

May 29, 2025 • Volume 39, No. 2

Next edition June 12

*L'Orléanais*  
L'édition de  
cette semaine  
à l'intérieur...



Béatrice-Desloges sprinter Tasei Tan clears a barrier on his way to winning the senior boys 110-metre hurdles at the NCSSAA track and field championships. See story page 12. STAFF PHOTO

# City councillors debate several controversial bylaws

By Fred Sherwin  
The Orléans Star

It's been a busy couple of weeks at Ottawa city council, with members having to deal with several controversial bylaws.

On May 14, city council directed staff to develop a bylaw that would impose a pre-determined bubble around schools, places of worship, long- term care facilities and hospitals against demonstrations and protesters with certain limits. For instance, the bylaw would not include City Hall, Parliament Hill or embassies.

The proposed bylaw is the brainchild of Mayor Mark Sutcliffe and follows on the heels of anti-trans protests outside schools on Broadview Avenue in the west end, and an anti-Israel protest outside the Jewish Community Centre which is near a long-term care facility.

Staff have been given nine months to draft the bylaw, including determining the size of the bubble. At first, a 100-metre bubble was to be considered, but after a number of presenters to

a joint meeting of the emergency preparedness and protective services and public works and infrastructure committee argued that 100 metres would be too large, the limit was reduced to 80 metres.

Staff was also directed to exclude union picket lines during a labour dispute from the bylaw.

In drafting the bylaw, staff must also seek feedback from residents either through public consultations or surveys to ensure the bylaw isn't punitive towards any specific groups.

"(The bylaw) needs to weigh the right for a person to protest with the right of another person to not be fearful or intimidated and to be concerned for their own safety," says Orléans West-Innes councillor Laura Dudas.

On May 23, members of the public works and infrastructure committee passed a motion that would extend paid parking in high-demand areas in Centretown, the Glebe and the Byward Market on weeknights and Saturdays.

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## COMMUNITY BRIEFS

### Blackburn Fun Fair on this weekend from June 3 to 5

ORLÉANS – The Blackburn Fun Fair makes its annual return to Blackburn Park this weekend with a jam-packed lineup for the whole family to enjoy. The Fair kicks off at 6 p.m. on Friday evening with a climbing wall, inflatable rides, and games for the kids in the Lois Kemp Arena such as a duck pond, toilet paper toss, magnetic fish and clothespin drop. After the games end, a screening of the *Sonic the Hedgehog 3* will be held from 6:30 to 8 p.m. in the arena. Adults over 18 will be able to enjoy their favourite local craft beer on the patio outside the Community Hall while listening to students from the School of Rock from 6 to 8 p.m. and the Bytown Sea Shanty Collective from 8 to 11 p.m. There will also be a casino in the arena from 7 to 10 p.m. Saturday's schedule kicks off with a Pancake Breakfast in the arena from 7 to 10 a.m. Afterwards, the Fair Parade will start at 10 a.m. and follow the traditional route down Bearbrook Road from École secondaire Louis-Riel to the fairgrounds. There will also be a used book sale from 10 a.m. to 4 p.m. and a silent auction at the same time – both events will be held in the arena. Attractions for the kids include face-painting, a giant bouncy castle, field games like potato sack and three-legged races and a demonstration by Little Ray's Reptiles. The main stage entertainment will include a performance by Fake McCoys from 7-8:30 pm and a Beatles tribute group from 9-11:45 pm. A fireworks display will light up the night sky at 10 p.m. For full schedule and a complete rundown of all the attractions, please visit [blackburnfunfair.ca](http://blackburnfunfair.ca).

### Blackburn Hamlet TD branch closes for good

BLACKBURN HAMLET – Clients in Blackburn Hamlet will now have to use another branch after TD Canada Trust decided to close the Blackburn Hamlet branch permanently as of May 23. Customers in Blackburn Hamlet will get a sympathetic ear from residents in Convent Glen North who saw their TD branch close at the height of the pandemic in 2020. The branch, which was located in the Convent Glen Shopping Plaza, never reopened.

### The 2025 edition of the Orléans road map can now be pre-ordered



ORLÉANS – The *Orléans Star* is now accepting orders for the 2025 edition of the Orléans Road Map featuring several new streets. This is the sixth edition of the popular road map which features a map of Orléans on one side and a map of St. Joseph Blvd. with over 40 local businesses on the other side. To order your copy simply send an email to [info@orleansstar.ca](mailto:info@orleansstar.ca) and include your home address and phone number in case we need to get hold of you. If you ordered a road map last year and didn't receive one we apologize. Rest assured you will receive a copy of the new map.

## City councillors debate controversial bylaws

Continued from page 1

The motion aims to promote turnover during the busiest hours while also allowing for flexibility when longer stays are required at night.

On weekdays, where the demand threshold is met in the evening, paid parking be in effect until 7:30 pm. Where Saturday daytime paid parking is required, it would start at 10 a.m., and Saturday evening would align with weeknights where there is a similar demand.

Based on collected data, weeknight evening, Saturday daytime and evening paid parking would be in effect in the following commercial zones: Little Italy South, the ByWard Market and its immediate surrounding areas. Weekday evening paid parking would be added to Glebe South.

The motion was expected to be adopted by city council this week.

The third controversial issue is a proposed amendment to the parks and facilities bylaw that would allow for the consumption of alcohol in city parks. The revised bylaw

would still prohibit the consumption of alcohol within five metres of playgrounds, parking areas, sports fields and municipal beaches.

City staff have been directed to identify one park per ward in consultation with the local councillor to be used as a pilot project over the summer.

Both Ottawa Public Health and the Ottawa Police Service have voiced concern with the proposed bylaw. In a letter to city councillors, Ottawa Police Chief Eric Stubbs said, "permitting alcohol consumption in public parks presents risks that could compromise public safety and strain our resources."

A letter from Ottawa Public Health raised concerns linking increased alcohol consumption to several types of cancer, as well as the risks of underage drinking.

The Community Services Committee was scheduled to consider the proposed bylaw amendment at its meeting on May 27. If approved, the proposed changes would then go to city council.

### 2025 Annual Meeting for the OCCRC

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# Briefing sheds light on eventual LRT completion

By Fred Sherwin  
The Orléans Star

The east end LRT extension should be open by next fall, according to Michael Brossoit, the stakeholder relations manager for the Rail Construction Program.

Exactly when it will open this fall is anybody's guess. The exact date will be depend on how long it will take to complete testing and get the necessary safety approvals.

In the meantime, work will continue on the five LRT stations at Montréal Road, Jeanne d'Arc Blvd., Orléans Blvd., Place d'Orléans and Trim Road.

Other work will continue on the approaches to the stations on Montréal Road, Jeanne d'Arc Blvd. and Orléans Blvd. including new pavement and line painting. Highway 174 will also be resurfaced between Blair and Trim and the lanes returned to their original alignment in both directions.

Lastly, work will be completed on the expanded Trim Road park and ride lot. Work on the Park & Ride lot across from Place d'Orléans was only recently finished, but the improvements to the intersection at the westbound off ramp and Champlain Road is

still a work in progress as is the resurfacing on the Champlain Road overpass.

For commuters in Orléans who have had to live through three years of lane closures and at least three extensions of the projected opening date, news that the project is approaching the finish line is music to their ears.

The completion also couldn't come soon enough to a transit service that has yet to rebound from pre-COVID pandemic ridership figures and the east end's four city councillors who get asked about it on a near-daily basis.

Before the final testing can begin on the east end extension, the city and the East-West Connectors consortium must agree that the construction phase of the project is "substantially completed". That hurdle is expected to be cleared in a few weeks.

The final testing will be conducted in July and run into August. Once the testing is completed, the work has to be given the necessary safety approvals.

If all goes well, the consortium will officially turn the east end extension over to the city and Orléans residents will be able



This is a recent aerial shot of the Place d'Orléans O-Train Station with the park and ride in the upper right. PHOTO SUPPLIED

to ride the O-Train from Trim Road to Tunney's Pasture.

When the east extension finally is operational, it will be integrated with OC Transpo's *New Ways to Bus* program which will see more than 100 routes improved, replaced, or added across the city.

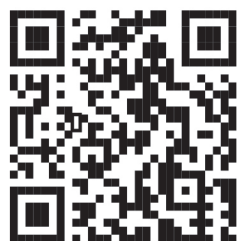
According to OC Transpo's website, the new system will be more consistent and better connected to key destinations including the LRT stations along Lines 1, 2 and 4.

To get regular updates on the LRT extension, including lane closures, visit [octranspo.com/en/o-train-extension/](https://octranspo.com/en/o-train-extension/).

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# Free speech

Earlier this month, Ottawa City Council directed staff to draft a bylaw that would create buffer zones of up to 80 metres to limit demonstrations around sites and facilities considered “vulnerable public infrastructure”, such as schools, hospitals and places of worship.

The motion is the brainchild of Mayor Mark Sutcliffe, who feels it would prevent potential harassment and hate speech directed towards students, worshippers, or patients.

Whatever wording or parameters staff end up putting in the bylaw, it would exclude City Hall, Parliament Hill and embassies. It would also exclude picket lines outside schools and hospitals during labour disputes.

Calls for the motion is really a reaction to recent pro-Palestinian demonstrations directed towards synagogues and other Jewish institutions on both sides of the border.

I have no issue with that aspect of the bylaw, as long as those people who are against the war in Gaza can still demonstrate outside the Israeli embassy, or on Parliament Hill.

In fact, there should be only two concerns with the bylaw. The first is whether or not it limits the ability of people to protest outside abortion clinics by restricting the demonstrators to outside an 80-metre bubble. Perhaps the aspect of the motion that covers hospitals also covers public health clinics including abortion clinics and safe needle injection sites. If it doesn't it should.

The second concern is in regards to whether or not the portion of the eventual bylaw that covers schools will include colleges and universities. If it does it shouldn't.

Student demonstrations at universities and colleges have a long and storied history going back to the anti-Vietnam War movement in the United States in the 60s and early 70s. Student demonstrations have also occurred in Canada over the years, especially in Québec, where demonstrations took place against tuition fee increases at universities in 1996 and 2012.

More recently pro-Palestinian demonstrations have taken place on campuses across Canada including McGill University, the University of Toronto and Queen's University.

The right to exercise free speech and to demonstrate peacefully should be inalienable on any campus of higher learning. When those demonstrations cross the line and become violent, the authorities have the ability to step in and restore order. Being offended or feeling threatened because you don't agree with the people demonstrating is no reason to curtail the right to protest or to impose an arbitrary bubble.

— Fred Sherwin

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SPRINGTIME IN OTTAWA 2025



## Orléans MPP explains support of Safer Municipalities Act

In the coming weeks, you will hear strong opinions about homelessness and public drug use, especially with the introduction of Bill 6, the Safer Municipalities Act. Some see it as a necessary step to reclaim public spaces, while others view it as a blunt tool for a complex issue, the reality lies somewhere in between, and that's where I stand.



**Queen's  
Park  
Corner**

**Stephen Blais**

Yes, our public spaces must feel safe for everyone from mothers walking their children to seniors grabbing coffee. For too long, municipalities lacked the authority to intervene when encampments became unsafe for both residents and the public. But let's not pretend this bill addresses the core problem.

Bill 6 leans heavily on enforcement, imposing \$10,000 fines and potential jail time, but you cannot ticket someone out of poverty, and you cannot arrest your way to recovery. We have heard the Premier say, “enough is enough,” but what's missing is a plan for where people will go when encampments are cleared. Without more shelters and support services, we risk

pushing vulnerable people further to the margins.

Municipal budgets are already stretched thin. If this bill relies on local police and bylaw officers, it must come with funding and coordination; otherwise, it's just an unfunded mandate disguised as tough-on-crime policy.

This bill also ignores a crucial truth: nearly half of Canadians believe substance use requires both health services and policing. Yet, Bill 6 reads more like a crackdown than a care plan.

I support this bill with open eyes. It is a start, but it is not the full story. Safer streets require safer shelters, fewer needles in parks demand more mental health workers on the ground, and lasting change must come from City Hall, Queen's Park, and the communities that know these challenges best.

Yes, we must act, but let's not mistake this bill for a solution. It is just the first, imperfect step in a much longer journey, and if we do not walk it with compassion, we will end up right back where we started.

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# Legalizing drinking in city parks would be the wrong move

The City of Ottawa’s community services committee is debating a proposed amendment to the parks and facilities bylaw this week that would allow for the consumption of alcohol in city parks. However, it would still prohibit alcohol near playgrounds, parking lots, beaches or sports fields.

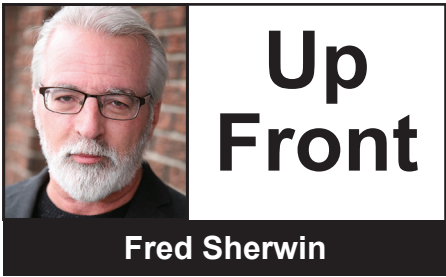
My first reaction to hearing about the proposed new bylaw was, whoopee! It’s about time. Who hasn’t craved a cold beer while hanging out in their local park while taking a break from their spouse complaining that they drink too much?

Then after more serious consideration, I had a change of heart. For one thing, it would lead to increased consumption by making it easier and more convenient to grab a drink – and an increase in consumption would lead to an increase in public intoxication.

For every person who supports the new bylaw because it will allow them to have a “casual” drink while sitting in their local park, there’s another person who will take it too excess.

But then again why should I be surprised that so many people support the new bylaw? It’s just one more step in the further decay of our society .

In the past five years, the government of Canada has legalized the sale and public consumption of cannabis and the province



has legalized on-line gambling. About the only thing we haven’t legalized yet is prostitution, but when the government finds out much money they can make by legalizing the world’s oldest profession, you can bet they will have a change of heart.

If you had told me back in the year 2000 that in the next 20-25 years I would be able to go to a store, buy some weed and smoke it in public, I would have told you you’re bonkers.

I still remember, back in the day, when the only way you could place a bet on your favourite team was to visit a bookie in the back booth in the La Roma restaurant at the corner of Bronson and Somerset.

And trust me when I tell you that they never advertised their business in the back of the local paper.

It wasn’t until 1994 that the province opened the first casino in Windsor. Today, there are more than 70 gaming establish-

ments across the province, including the Rideau Carleton Casino.

Those casinos were so successful – and by successful I mean they raised a lot of money – that the provincial government decided to legalize online betting in 2022. Three years later, online betting is now available on 84 websites run by 49 licensed operators.

According to figures released by the Ontario Lottery and Gaming Corporation, Ontarians spent \$63 billion through online gaming sites in 2023-2024, which resulted in a total tax windfall of \$9.3 billion to the provincial government. That’s a lot of moola.

The province estimates it will make another \$600 million through the sale of cannabis this year.

The numbers are staggering. Unfortunately, all that money comes with a price in the number of lives legalized gambling and drugs has ruined. But who cares about that when you can gamble anytime you want, smoke a joint anytime you want, and all the while the government rakes in the dough?

Which brings me back to allow drinking in public parks. It may sound harmless enough, but it sends out the wrong message especially to our young people. There’s no need for it.

As for the argument that a lot of people

are already drinking in parks, that just simply isn’t true. Where people are drinking in public is on the city’s beaches. And who doesn’t enjoy a cold beer cooler while soaking up a few rays? Unfortunately, the proposed new bylaw would still prohibit the practice. Although what the difference is between drinking on a beach, or drinking in park is beyond me.

I mean, if you’re going to allow drinking in parks, why stop there? Why not allow having a beer while walking down the street? If you can smoke a joint walking down the street, you should be able to drink a beer walking down the street.

In one of my favourite city’s in the world, New Orle ans, they allow open drinking in the French Quarter. If you happen to be drinking a beer in a bar and want to go to a different location you can pour your drink into what is referred to all over New Orle ans as “to go” cup. Now how enlightened is that?

In the final analysis, anyone who wants to enjoy their favourite libation in a park or on a beach is already doing so and they are getting away with it by using a mug or a thermos.

Mark my words. Legalizing the consumption of alcohol in public parks will only lead to abuse of the privilege.

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# East-end residents closer than ever to riding the O-Train

For years, our community has persevered through the challenges and disruptions that come with a large-scale infrastructure project like the O-Train East Extension. The impacts have been felt in our daily commutes, access to neighbourhoods and businesses, and general quality of life.

Despite the frustrations, our community has remained patient, keeping our eyes on the long-term benefits of expanded light rail service to the east end.

Recently, in response to ongoing questions and concerns from residents, I requested that the Stage 2 LRT team and the construction contractor join us for a public community meeting. I am pleased to report that the meeting was both informative and constructive.

The team provided a comprehensive overview of the project's current status, discussed the outstanding work to be completed, and outlined the anticipated timelines. Most importantly, they took the time to respond to residents' questions, many of which echoed the concerns I hear regularly from constituents.

The meeting served as a valuable reminder

that, while construction is still ongoing, we are approaching the finish line. Key elements such as the full repaving of Hwy. 174 and final landscaping remain on the schedule. Of course, the most anticipated milestone is the testing and official launch of the train service. Although exact dates are not yet confirmed, we are significantly closer to seeing trains running through our communities.

I want to sincerely thank everyone who attended the meeting and contributed to the discussion. Your engagement ensures that your concerns are heard and helps inform the ongoing dialogue between the City and the construction teams.

If you were unable to attend, the full presentation will be posted to my website in the coming days. In the meantime, for up-to-date information on the east extension of the LRT, I highly encourage residents to sign up for regular alerts through OC Transpo's website: [octranspo.com/en/news/category/o-train-east](http://octranspo.com/en/news/category/o-train-east).

We are almost there. Thank you for your continued patience and commitment to building a better-connected community.



**Laura Dudas**

Orléans West-Innes Ward 2

# Summer is coming soon – here's what to keep in mind

May is here, and with it comes warmer weather and longer days. Summer is just around the corner, and many of us are starting to spend more time outdoors – whether it's biking along Ottawa's scenic paths, working in the garden, or getting ready for those weekend hikes and picnics. Before we fully dive into the sunny season, it's a great time to get familiar with some things to watch out for to keep your outdoor adventures safe and enjoyable.

One plant to be especially aware of is wild parsnip. This invasive plant has tall stems and bright yellow flowers that might look harmless, but its sap can cause painful skin burns when it reacts with sunlight. Starting the week of May 26 (weather permitting), the City of Ottawa will begin its annual Wild Parsnip Strategy. Crews will treat more than 1,200 kilometres of roadsides and parks with targeted mowing and

herbicide applications to reduce its spread. If you see signs posted, that's where treatment is happening.

May also marks the start of tick season. These tiny critters thrive in grassy and wooded areas, so when you're out walking or biking, wear light-coloured clothes, tuck pants into socks, and use insect repellent. Always check yourself and your pets for ticks afterward. Don't forget about poison ivy either – the old saying "leaves of three, let it be" is a handy reminder.

As temperatures climb, remember to stay hydrated, wear sunscreen, and protect your head with a hat. If you're cycling, always wear a helmet. Never leave children or pets alone in parked vehicles, even for a short time.

With a little preparation and awareness, you can safely enjoy all the great outdoor activities Ottawa has to offer this spring and summer.



**Tim Tierney**

Beacon Hill-Cyrville Ward 11

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# New commercial plaza coming to Trim and St. Joseph

By Fred Sherwin  
The Orléans Star

The section of Trim Road between Hwy. 174 and St. Joseph Blvd. is undergoing another transformation. If you have driven down that part of Trim Road recently you may have noticed the construction happening on the west side of Trim next to the ESSO gas station where three new buildings are going up.

The building closest to the ESSO station will soon be the home of a new A&W franchise, while the second building will be a Kal Tire centre. The third building closest to Trim Road will house an Osmow's Shawarma takeout restaurant along with four other tenants that have yet to be determined.

The section of Trim Road between Hwy 174 and St. Joseph Blvd. already has more than 29,000 cars a day passing through it a day. With the eastern portion of the LRT expected to open early next fall along with the Trim Road LRT station, traffic should increase exponentially which will be music to the ears of the local business in the area such as the KFC and Starbucks on the east side of Trim, and the businesses that will be located in the new plaza.

Cardinal Creek Village, located on St. Joseph Blvd. just east of Trim Road, is also

expected to double in size over the next two to three years.

The new commercial plaza currently being built is owned by the same people who own the La Maison d'Or jewellery store in Place d'Orléans.

La Maison d'Or and Harden Realities owner Brent Harden says they began making overtures to buy the property on Trim Road several years ago before the east extension of the LRT was being discussed.

One of the issues they faced at the time was the fact that the site was unserved, but that fact was offset by the fact that it was an ideal location, being on one of the busiest roads in the east end and the existence of the Orléans Community Improvement Program (CIP) which was established to help bring jobs to the area through tax incentives.

Once they are fully occupied, the businesses located on the property will create between 80 and 90 jobs.

Harden's group successfully applied to the CIP program before going ahead with their plans to develop the site, but the program was eliminated shortly after Mark Sutcliffe was elected mayor.

Fortunately, the developers' application was grandfathered and allowed to stay in place due in no small part to the advocacy



(L to r) Brent Harden and Matt Luloff were joined by J.P. Bergeron and Jean Dostaler from Bergeron Construction for a tour of the site earlier this month.

of Orléans East - Cumberland city councillor Matt Luloff who saw the value of the development.

"I am very focused on economic development in Orléans and ensuring that we expand the amount of jobs that are available here, especially through the support of our local businesses," says Luloff.

Harden says he's not sure whether they would have proceeded with construction

without the benefit of the CIP or not. But he is sure they would have missed out on the program without Luloff's intervention.

"He really helped get this through," says Harden.

The plaza is scheduled to be open for business on Nov. 1. Anyone interested in leasing one of the remaining units should contact Fraser Paddison at Marcus & Millichap at 613-364-2303.

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# Heating and cooling expert gearing up for a long, hot summer

By Fred Sherwin  
The Orléans Star

By his own admission, Jerry Lemay has been around a long, long, very long time. The founder of J.G. Lemay Heating and Air Conditioning first started repairing furnaces in 1976. He soon began repairing air conditioners and other ventilation systems and later branched out into sales. More than 40 years later, Lemay is still going strong, repairing and installing furnaces and air conditioners 24/7.

With the recent heat wave, Lemay has been getting more and more calls to install or service air conditioners. With his years of experience, Lemay is a wealth of information when it comes to air conditioners and air conditioning systems.

The most important function of an air conditioner is removing humidity from the inside of the house. It's second function is to cool the air.

To efficiently keep a home cool during those hot summer days, it's important to determine the size of the room or home the unit is intended for and match it to make sure the unit has the capacity to do the job.

If an air conditioner is too small, the unit

will never stop working on hot days and, consequently never effectively lower the home's interior temperature. Similarly, if the unit is bigger than what is needed, it won't run long enough to dehumidify the home, creating excess dampness.

Once an air conditioner has been installed, it is important to maintain it every spring so that it stays in proper working order. Lemay stresses that after a central air conditioner is four years old it should be checked by a certified technician every year or two.

"A lot of people think that if the unit is working it must be fine, but relatively inexpensive repairs when problems arise will avoid a total breakdown and potentially an even bigger bill," says Lemay. "Proper maintenance will also lower your hydro bills and make your unit more efficient."

Lemay also sells and installs central air conditioning units for homes that have no duct work. The units are effective in keeping your home cool and comfortable during the summer months.

In the end, Lemay believes that air conditioners are investments that yield a return to the owner. Homes with central air systems often sell faster and for more money



Jerry Lemay has been in the home heating and air conditioning business for more than 40 years. FILE PHOTO

than homes without them.

Central air conditioning systems can also be beneficial for people with allergies especially when combined with a proper air filter or air filtration system.

Jerry Lemay would be more than happy to answer any air conditioning units questions you may have and recommend a solution that both meets your needs and your budget. Give him a call at 613-835-2658 today.



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SCAN ME    SCANNE-MOI





# East end athletes in top form at high school T&F championships

Continued from page 12

junior girls 3,000 metres and finished second in both the 1500 and 800. Six athletes each qualified from Gloucester High School, Sir Wilfrid Laurier Secondary School and École secondaire Béatrice-Desloges. Five qualified from St. Peter High School, four from École secondaire Gisèle-Lalonde, three from École secondaire Garneau, two from St. Matthew High School and one each from Cairine Wilson Secondary School, and Collège catholique Mer-Bleue.

Besides Zachary Jeggo, two other east end athletes were double event winners. Fellow Louis-Riel Rebelle Mallea McMullin won the junior girls javelin event by more than seven metres and set a new meet record in the process. She also won the junior girls discus, while Gisèle-Lalonde's Thalia Aird won both the junior girls 100-metre hurdles and the long jump.

Both girls are favoured to win the same events at regionals and then move on to the OFSAA provincial championships where they will try to add junior gold to the novice titles they won last year – McMullin in the javelin and Aird in the long jump.

Jeggo is likely to win both the senior boys

400 metres and the 400-metre hurdles at regionals and then move on to provincials where he will defend the two gold medals he won last year.

Other athletes who will be competing at the East Regionals as city champions are Laurina Nganzeu from Gloucester High School in the novice girls javelin, Chloe Martineau from Louis-Riel in the junior girls 100 metres, J'air Leslie from Gloucester in the novice boys 100 metres, Elijah Assouan, from Gisèle-Lalonde in the novice boys 200 metres and Roy Leroy from St. Peter in the novice boys 1500 metres.




Still other city champions from the east end include Jakob Batson from Gloucester in the novice boys triple jump, Aurel Wi Tatsitsa Zofou from Louis-Riel in the novice boys shot put, Colens Desardouin from Collège Mer-Bleue in the junior boys shot put, Jacob Fauteux from Béatrice-Desloges in the junior boys discus, Daniel Cova from Louis-Riel in the senior boys 1500 metres, Tasei Tan from Béatrice-Desloges in the senior boys 110-metre hurdles, Abd-El Aleem Khaïda from Colonel By in the senior boys long jump and Timeo Atonfo from Gisèle-Lalonde in the senior boys triple jump.



Left, Allan Bordovsky from Colonel By Secondary School flies through the air in the junior boys triple jump. Above, Louis-Riel's Mallea McMullin lets go a toss on her way to winning the junior girls discus a day after setting a meet record to win the junior girls javelin. STAFF PHOTOS



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**SATURDAY, MAY 31**

**QUEENSWOOD HEIGHTS COMMUNITY GARAGE SALE** starting at 9 a.m. Items can also be donated to the Mission Thrift Store by dropping them off at the Queenswood Heights Community Centre, 1485 Duford Rd. before 3 p.m.

**CUMBERLAND FARMERS MARKET** from 9 a.m. to 3 p.m. at the R.J. Kennedy Arena in Cumberland Village with over 80 local farmers and vendors ready to showcase their freshest produce and handmade goods.

**TAPROOM 260 COMEDY NIGHT** featuring comedians Chris Quigley, Chris Borris, Lewis Hill, and Simone Holder starting from 7 p.m. Get ready, Orléans – comedy night is BACK! his one's 18+

and guaranteed to be a night to remember! For tickets visit [yukyus.com/orleans](http://yukyus.com/orleans). Taproom260 is located in Orléans Town Centre on Centrum Blvd.

**INTRODUCTION TO LETTER PRESS PRINTING** at the Cumberland Heritage Village Museum from 1 p.m. to 5 p.m. Cost: \$102.95 + tax (per person). To pre-register visit [ottawa.ca](http://ottawa.ca).

**SUNDAY, JUNE 1**

**INTRODUCTION TO PRINT-MAKING** at the Cumberland Heritage Village Museum from 1 p.m. to 5 p.m. Cost: \$77.21 + tax (per person). To pre-register visit [ottawa.ca](http://ottawa.ca).

**SATURDAY, JUNE 7**

**FIRE FIGHTER DAY** at the Cumberland Heritage Village Museum in Cumberland Village

from 11 a.m. to 4 p.m. Join Ottawa Fire Services at Cumberland Heritage Village Museum for a day of family-friendly fun! Admission to the museum is free on June 7 and June 8 as part of Doors Open Ottawa. for more information visit [ottawa.ca](http://ottawa.ca)

**THURSDAY, JUNE 6**

**FRIDAY, JUNE 7**

**SATURDAY, JUNE 8**

**BLACKBURN FUN FAIR** – Highlights include Friday movie night from 6:30 pm to 8 pm; Casino in the Blackburn Arena, Friday night from 7-10 pm. Pancake breakfast on Saturday morning from 8-10 am. Other features include a carnival style midway, music, local vendors, a used book fair, beer garden and fireworks! For more information visit the FunFair website at [blackburnfunfair.ca](http://blackburnfunfair.ca).

## IN MEMORIAM



**Jeanne Carter, 72**  
Passed away on May 20, 2025

**Remi Lalonde, 90**  
Passed away on May 17, 2025

**Francine Durand, 87**  
Passed away on May 17, 2025



[www.heritagefh.ca/obituaries](http://www.heritagefh.ca/obituaries)

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## East end athletes in top form at high school T&F championships

By Fred Sherwin  
The Orléans Star

Orléans-area athletes braved unseasonably chilly weather last week to post a significant number of top three finishes at the National Capital high school track and field championships.

All told, east end athletes won 20 individual event titles and five relay finals. All five relays were won by teams from École secondaire publique Louis-Riel in Blackburn Hamlet, including a clean sweep of the girls 4x100 relays.

Among the individuals who stood out was Louis-Riel middle distance runner Zachary Jeggo who won both the senior boys 400 metres and the 400-metre hurdles, and was

part of the winning team in the Open Boys 4x400 relay along with Daniel Cova, Ayoub Shangai and Gabriel Schafer.

Jeggo won the 400 metres in a record time of 47.50 seconds, beating his own record he set last year as a first year senior.

The top six competitors in each event qualified to take part in the OFSAA East Regional championships which are taken place this week in Ottawa.

A grand total of 97 athletes from 11 different high schools in the far east end made the standard. Louis-Riel lead the way with 20 of its athletes qualifying for East Regionals, 15 qualified from Colonel By Secondary School, including Laila Lebel who won the

CONTINUED ON PAGE 10 ►

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